## FINA / NVC DWS - Dubai 17-19 March 2016

Day 1: Thursday 17-03-2016			Day 2: Friday 18-03-2016			Day 3: Saturday 19-03-2016			
Time	Duration	Activity	Time	Duration	Activity	Time	Duration	Activity	
Session 1			Session 1			Session 1			
8:00		Warm up	8:00		Warm up	8:00		Warm up	
9:40		Competition Pool Clears	9:40		Competition Pool Clears	9:40		Competition Pool Clears	
9:50		Athletes presentations followed by official presentation	9:50		Athletes presentations followed by official presentation	9:50		Athletes presentations followed by official presentation	
10:00	30 mins	10m Platform Synchro Women Final	10:00	20 mins	10m Platform Women SF A	10:00	20 mins	3m Springboard Women SF A	
10:50		Athletes presentations followed by official presentation	10:30	20 mins	10m Platform Women SF B	10:30	20 mins	3m Springboard Women SF B	
11:00	35 mins	10m Platform Synchro Men Final	11:10		Athletes presentations followed by official presentation	11:10		Athletes presentations followed by official presentation	
11:45		Awards: 10m Platform Synchro Women	11:20	25 mins	3m Springboard Men SF A	11:20	25 mins	10m Platform Men SF A	
		Awards: 10m PlatformSynchro Men	11:55	25 mins	3m Springboard Men SF B	11:55	25 mins	10m Platform Men SF B	
11:55		End of Session 1 – Day 1	12:20		End of Session 1 – Day 2	12:20		End of Session 1 – Day 3	
Session	Session 2			Session 2			Session 2		
15:45		Warm Up – Training Pool available from 15:45 to 19:30	15:30		Warm Up – Training Pool available from 15:30 to 19:30	15:30		Warm Up – Training Pool available from 15:30 to 19:30	
16:40		Competition Pool Clears	16:40		Competition Pool Clears	16:40	-	Competition Pool Clears	
17:10	35 mins	Opening Ceremony	10.40		-	10.40		-	
17:50		Athletes presentations followed by official presentation	16:50		Athletes presentations followed by official presentation	16:50		Athletes presentations followed by official presentation	
18:00	30 mins	3m Springboard Synchro Women Final	17:00	30 mins	10m Platform Women Final	17:00	30 mins	3m Springboard Women Final	
18:45		Athletes presentations followed by official presentation	17:45		Athletes presentations followed by official presentation	17:45		Athletes presentations followed by official presentation	
18:55	35 mins	3m Springboard Synchro Men Final	17:55	35 mins	3m Springboard Men Final	17:55	35 mins	10m Platform Men Final	
19:40		Awards: 3m Springboard Synchro Women Awards: 10m Platform Synchro Men	18:45		Athletes presentations followed by official presentation	18:45		Athletes presentations followed by official presentation	
			18:55	25 mins	10m Platform Mixed Synchro Final	18:55	25 mins	3m Springboard Mixed Synchro Final	
					Awards: 3m Springboard Women			Awards: 10m Platform Women	
			19:20		Awards: 3m Springboard Men	19:20		Awards: 10m Platform Men	
					Awards: 3m Springboard Mixed Synchro			Awards: 10m Platform Mixed Synchro	
20:00		End of Day 1	19:40		End of Day 2	19:40		End of Competition	

☐ Activities	□ Events	☐ End of Session
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Session 1		Session 1		Session 1		
10:00	10m Platform Synchro Women Final	10:00	10m Platform Women SF (A+B)	10:00	3m Springboard Women SF (A+B)	
	Break 30 min's		Break 30 min's	Break 30 min's		
11:00	10m Platform Synchro Men Final	11:20	3m Springboard Men SF (A+B)	11:20	10m Platform Men SF (A+B)	
Session 2		Session 2		Session 2		
17:10	Opening Ceremony	17:00	10m Platform Women Final	17:00	3m Springboard Women Final	
			Break 15 min's	Break 15 min's		
18:00	3m Springboard Synchro Women Final	17:55	3m Springboard Men Final	17:55	10m Platform Men Final	
	Break 15 min's		Break 15 min's	Break 15 min's		
18:55	3m Springboard Synchro Men Final	18:55	10m Platform Mixed Synchro Final	18:55	3m Springboard Mixed Synchro Final	
19:40	Awards Ceremonies	19:20	Awards Ceremonies	19:20	Awards Ceremonies	