

## **Terms and Conditions**

- 1. Payment must be made to the administrator of Hamdan Sports Complex before using the swimming pools, gym and sauna facilities.
- 2. Public users must be at least 18 years old and above.
- 3. A medical certificate (from the General Practice doctor) must be presented to the Hamdan Sports Complex administration before using the swimming pools, gym and sauna facilities. The certificate must be updated yearly.
  - All individuals with serious medical conditions should be accompanied in the water with another individual knowledgeable of their condition
- 4. Swimming Pool users are required to wear swim caps (if swimmer has long hair) and abide by all pool safety rules and regulations displayed in the pool area:
  - You must get changed in the changing rooms
  - You must shower before swimming
  - You must wear proper swimming attire (NO shorts, NO t-shirts)
  - You must wear suitable pool shoes or shoe covers around the pool area at all times
  - Children under the age of 10 (applicable for schools, clubs and teams) must be directly supervised by their coaches or sports complex lifeguard at all times
  - No running, pushing, wrestling, or causing undue disturbance in or about the pool area is tolerated
  - No walking is allowed on the pool deck except for coaches of swimming clubs/ schools/ teams , sports complex lifeguards and sports complex staff
  - No glass containers or food of any kind are allowed in the pool area and locker rooms
  - No ball games are permitted in the pool area (unless part of an organized activity)
  - No prams and buggies are permitted in the gym or pool area
  - No private lessons are allowed. All swimming and gym training/coaching must be conducted by the sports complex's appointed swimming schools or clubs.
  - No smoking is allowed anywhere in the facility
  - Venue staff and lifeguards' instructions must be followed at all times

5.	Leave valuables at home. The sports complex is not responsible for the loss or damage of personal properties or valuables at any time. Lost & Found items are disposed of on a weekly basis. Mini lockers are available at the sports complex
Sp	, have read and agreed to the above Terms and onditions. I also understand and acknowledge that the use of swimming pools and all other facilities at Hamdan orts Complex is voluntary and at my own risk. By signing this, I agree to the terms of this Waiver of Liability d Assumption of Risk.
Si	gnature:
Da	ate:



## **REGISTRATION FORM**

lity:		Email:	
		Email:	
Birth:			
v Pass:			
Swimming	Gym & Sauna (AED30)	Swimming, Gym & Sauna (AED50)	Applicant's Signature
v Membership			
Swimming	Gym & Sauna (AED300)	Swimming, Gym & Sauna (AED400)	Applicant's Signature
(1112200)	(IIII)	Suumi (TEE 100)	Signature
	(AED 20)	Swimming (AED 20) (AED 30)  Ly Membership Swimming Gym & Sauna	Swimming (AED 20) Gym & Sauna (AED 50)  Sauna (AED 50)  Summing (AED 50)  Swimming Gym & Sauna (AED 50)